



THCH RECIPE BOOK

WE'RE CREATING A RECIPE BOOK IN AID OF OUR
STAFF CHARITY:
ST HILDA'S LINKAGE PLUS!

AND WE NEED YOUR RECIPES!

**IF YOU'D LIKE TO GET INVOLVED, PLEASE
E-MAIL: JAMES.GWYTHER@THCH.ORG.UK
BY 20TH MARCH WITH:**

- **A RECIPE**
- **A FEW WORDS ABOUT THE RECIPE**
- **A PICTURE OF YOURSELF OR THE FOOD**